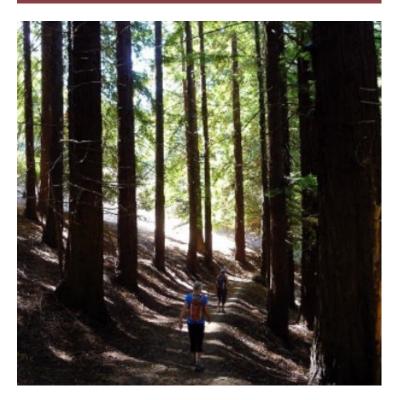
BPWA Newsletter April 2017

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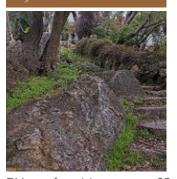


The first half of the Long Walk will be on the Dipsea Trail.

7th Annual Long Walk April 30th: A Mt. Tampalais Trek

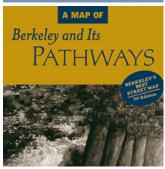
The <u>DipseaTrail</u> on Mount Tamalpais is famous for the <u>grueling race</u> along its length every June. However, it's also an ideal place to hike with its scenic views, slope, and varying terrain. This noted trail will be the first leg of BPWA's Seventh Annual Long Walk, a 15-mile adventure on Sunday, April 30. Leading the walk will be the energetic

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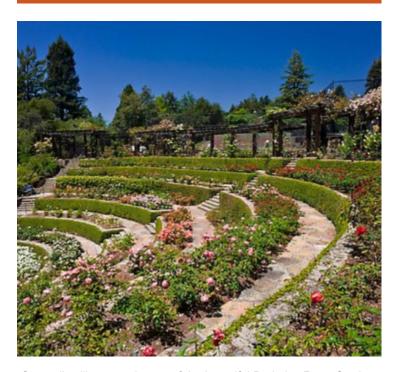


The New York Times calls it ... " a terrific map of all the secret routes and corridors in Berkeley." It's also the best street map of the city you can buy! Get your copy.

Support BPWA

team of Jacob Lehmann Duke and Zeke Gerwein, who also led our 2016 Long Walk through five East Bay Parks. Deft navigators and lively conversationalists, these intrepid teens always set a brisk pace. Meet them for a prompt 8:45 departure at the Dipsea Trailhead in Mill Valley, an easy, 40-minute drive from Berkeley. Read more.

Walk With Us



Our walk will start at the top of the beautiful Berkeley Rose Garden.

Magic Gardens: From the Rose Garden to the Tilden Botanic Garden

Date and time: Saturday, April 1 @ 9:30 a.m.

Leader: Mary Lynch

Start: Berkeley Rose Garden (1200 Euclid Ave.)

No fooling: This walk will show off two of our favorite public gardens in all their spring glory. Consider arriving early to stroll through the Berkeley Rose Garden before we set off. This Berkeley landmark was built in the late 1930's with state and federal funds, including from the WPA. The first half of Mary's five-mile, moderately paced walk will be quite strenuous. We'll climb eight sets of steep stairs, some with uneven footing and no hand rails, and cross two small creeks on our way to Tilden park and the Regional Parks Botanic Garden. This ten-acre public treasure opened in 1940 and features the native plants of California. A docent will review the history of the garden and guide us through some of its creek-side beds. We'll return via more paths, including Scott Newhall, one of the



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Get to Know Us

few flat, north-south running paths, and the three-part Glendale Path. This whole excursion will take about 3 1/2 hours. Expect a vigorous workout and some muddy patches. Bring hiking poles if you use them. As a bonus, you'll receive a playlist of songs about gardens.



New steps make the Clark Kerr Trail much safer.

Guided Tour of the Newly Redone Clark Kerr Trail

Date and time: Saturday April 8th, 10 a.m

Leader: Jim Rosenau

Start: At the top of <u>Dwight Way near the Clark Kerr</u>

Campus track

Lace up your boots and come explore and admire the recent improvements to the very steep Clark Kerr Trail that begins at the top of Dwight Way and ends on Panoramic Way. (Another branch of the trail meets the Stonewall-Panormaic Trail, which ends higher up on Panormaic Way.) Over the last two years, a neighborhood path-building group called Take To The Hills— with significant help from BPWA volunteers — has transformed this path by replacing badly eroded and missing steps, widening it, and removing obstacles. The Clark Kerr trail is now safer than ever. Jim Roseau, a founder of Take To The Hills, will lead this in-and-out, 1.5 mile hike along this wonderful path with its spectacular views. Hiking poles are useful in



Berkeley Path Wanderers Association (BPWA) is a grassroots organization of people who treasure the public pathways that crisscross our city. Read more.

Meet Our Friends

You'll find links to many other organizations that promote walking, pedestrian safety, preserving Berkeley's heritage, protecting the environment, and more on our website.

some of the steeper sections, particularly on the descent.

Note: This is a Take to the Hills event, not an official BPWA-sponsored walk.



This "baker's dozen" of wild edibles grow in North Berkeley

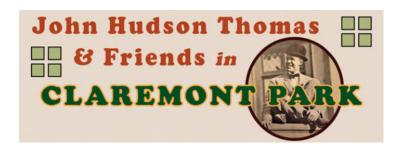
Where the Wild Things Grow

Date and time: Saturday, April 22 @ 10:00 a.m. Leaders: Philip B. Stark and Tom Carlson

Start: Codornices Park entrance (1201 Euclid Avenue)

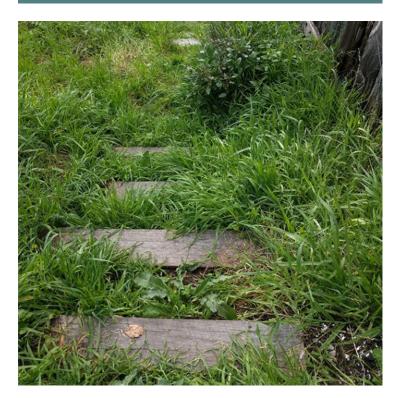
Our favorite foragers from Berkeley Open Source Food are back by popular demand! Again this year, Philip and Tom will open our eyes to the edible greens at our feet on a three-mile, hilly loop, from Codornices Park to Grizzly Peak Blvd. and back. More than 100 species of wild and feral safe-to-eat plants grow in the Berkeley area, and our guides will teach us the difference. They expect to spot at least 15 types of tasty leaves, including mustard, mint, mugwort, and nodding onion. Please note, they discourage picking or sampling; this walk is for information only. However, several Berkeley restaurants will be serving wild greens the week of 4/16 to 4/22.

Save the Date



Berkeley Path Wanderers is pleased to take part in the Annual House Tour of the Berkeley Architectural Heritage Association (BAHA) on Sunday, May 7, from 1 to 5 p.m. This year, the tour will be in the historic Claremont Park neighborhood and will feature ten homes designed by John Hudson Thomas, Bernard Maybeck, Julia Morgan, Walter Ratcliff, and Harris Allen. For more information about the tour and to buy tickets, go to BAHA website. Watch our next newsletter for the exact location of our booth. We'll be selling our maps, notecards, books, poster, and a brand new Path Wanderers tee shirt.

Join Our Work Parties



Wage War on Weeds!

No, we are not running the same picture every month. But, yes, many of our wood-timber step paths do look just like this thanks to our incredibly wet winter. Under this verdant carpet lies two-year-old Tilden Path, and we need your help to make it visible and safe again. Pulling, trimming, and clearing all the overgrowth is truly a satisfying way to

spend a few hours.

Here are the details of our next work party: Sunday, April 9@ 10:00 a.m. Top of Tilden Path (between 1246-1250 Grizzly Peak Blvd)

Meet us at the top of the path. We'll supply gloves and tools, but feel free to bring your own. Refreshments will be served. Heavy rain cancels. Please RSVP to Mary Lynch.







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