

MEET OUR NEW BOARD MEMBERS



Above, BPWA board members, past and present, at a recent picnic

3 questions for BPWA's new board members: Bob, Tamara, Bob, Kathy, and Jen

As we roll into 2022, Berkeley Path Wanderers Association said goodbye to two wonderful board members, Francesca Verdier (path-building liaison) and Alina Constantinescu

(president), and welcomed 5 new members: Bob Gomez, Tamara Gurin, Bob Johnson, Kathy Moreno, and Jennifer Pellman.

<u>Learn more</u> about Bob, Tamara, Bob, Kathy, and Jen and what they hope to contribute to the BPWA board.

HELP JACQUE GET A STAIR LIFT



Jacque Ensign and her family thank all of you for the outpouring of support following the recent car collision on Marin Avenue that sent her to the hospital with broken bones. Jacque's daughters expect her to be discharged in the coming weeks to continue her recovery at home. Since Jacque's house is on a slope with more than 30 steps, efforts are currently underway to build a lift to take her up into her home. Jacque's daughter Jane Johnston has launched a GoFundMe campaign to help pay for the lift. All donations are welcome.

If you would like to send get-well wishes to Jacque, please address your cards or letters to:

Jacque Ensign c/o Berkeley Path Wanderers Association 1442A Walnut Street Box 269 Berkeley, CA 94709

PEDESTRIAN SAFETY TIPS



Above, pedestrians crossing at Colusa and Solano

Walking safely in Berkeley

By Colleen Neff BPWA Past President

With the <u>recent uptick</u> in pedestrians and bikers being hit by cars, we'd like to remind everyone to be as safe as possible while walking in Berkeley. Drivers are more distracted than ever so walkers need to be proactively defensive pedestrians. This time of year with shorter hours of daylight presents additional risks.

Suggestions:

- 1. **Look 'em in the eye!** Even though cars are supposed to stop for pedestrians in crosswalks, it's a good idea to catch the eye of the driver of any car that is near your intersection. Give them a nice wave and make sure they see you before stepping off the sidewalk. Stop signs do not always mean the car will stop.
- 2. **Don't jaywalk!** This one is obvious, but the temptation to dash across the street midblock is one to resist.
- 3. **Stop lights are best!** Berkeley has a lot of crosswalks without traffic lights on pretty busy streets (MLK, Euclid, Marin, Shattuck, and San Pablo all come to mind). Even if you have to walk an extra block to get to a traffic light crossing, it will be safer. Plus, you'll get more steps on your Fitbit!
- 4. **Sun blindness is real!** When the sun is rising or setting, drivers might not see you in a crosswalk. Should a car stop if they can't see the road? Yes. Do they? You have to assume no.

- 5. **Light yourself up!** Wearing light-colored, reflective clothing or carrying a flashlight when walking at night (or even at dusk) will help cars see that you're there.
- 6. **Heads up, phone down!** Don't be a distracted walker. Make sure you are alert to traffic as you cross the street by not being occupied with your devices.

WINTER WALKS

NOTE: Walk leaders request that all participants be vaccinated and boosted, or masked. Heavy rain cancels.



Campus and Claremont

When: Sunday, January 23, 9:30

a.m.-3:30 p.m. **Leader:** John Ford

Where: Pomodoro sculpture on UC campus, near <u>Oxford and Center streets</u>

On this ~ 3-hour, 6-7 mile hike, we will walk from the UC campus south toward the Claremont and Elmwood neighborhoods, and on to The Uplands then loop back, for a total of 14 paths, including Encina Walk (shown). Learn more

From the Rose Garden to Lake Anza and Back

When: Saturday, February 5, 2022, 9

a.m.-11:30 a.m.

Leader: Tamara Gurin

Where: 1200 Euclid Ave. (in front of the

Rose Garden sign)

We will take several stairways (Tamalpais, Covert, Whitaker, Stevenson, Stoddard) to Grizzly Peak Blvd and then catch Selby Trail at the junction with the Shasta Road. If weather permits, we will enjoy breathtaking views of the Bay and Tilden Park. Learn more





The Entrancing Stairs of Belvedere Island

When: Sunday, February 6, 10 a.m.

Leader: Colleen Neff

Where: Belvedere Park (between Community Rd. and San Rafael Ave.)

Marin County's Belvedere Island has over a dozen stairways that crisscross its scenic hill community. Join us for this approximately 2-hour, 3-mile stair-climber of a field trip to explore a magical place. We'll meet at Belvedere Park (restroom available) for this moderately strenuous walk. Please bring water, a sun hat, sturdy shoes, and your sense of adventure!

Berkeley Woods

When: Sunday, February 20, 10

a.m. to 12:30 p.m. **Leader:** Bob Johnson

Where: Driveway of 580 Grizzly Peak

Blvd.

Berkeley Woods straddles the ridge at the top of the north Berkeley hills so we will have occasional views both east and west. Our 3.1-mile walk features attractive architecture, varied street trees, and nice gardens as well as fascinating bits of history and two little-known paths. Learn more



VOLUNTEER OPPORTUNITY

Take To The Hills is restoring native plants and maintaining a popular trail in Derby Canyon, just above the Clark Kerr campus in Berkeley. We welcome your help weeding invasives, planting natives, and in years of low rainfall, watering native seedlings. No prior experience needed.

Typically we work from November to June, Tuesday and Saturday mornings starting at 9 a.m. We provide gloves and tools. There is no poison oak near our work areas. There are steep slopes so sturdy shoes are a must.



PATH MAINTENANCE WORK PARTIES



Join a path maintenance work party!

Path maintenance work parties are back! The work is mostly weeding, sweeping, raking, and clipping. We will have gloves and tools available, but feel free to bring your own. Please bring your own water; we won't be offering water or refreshments. Please RSVP to receive an email with the time, date, and meeting place by writing to Mary Lynch at path.maintenance@berkeleypaths.org.

Berkeley Path Wanderers Association

Berkeley Path Wanderers Association (BPWA) is a community organization of people who treasure the public pathways that crisscross our city. <u>Learn more</u>

The BPWA board generally meets monthly. Guests are welcome! Please contact info@berkeleypaths.com for more information.



To support our path-building efforts, you can <u>donate online</u>. All donations go toward building new paths, repairing and clearing paths, purchasing handrails, and advocating for paths.







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