BPWA Newsletter March, 2018

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Our 8th Annual Long Walk April 29: Two Ten Milers Plus an Anniversary Party!

Bring your walking shoes and party hat and join us in celebrating BPWA's 20th anniversary with a long walk —or two, as it were — and cake!

For this special edition of our annual long walk, BPWA walk leaders Jacob Lehmann Duke and Alina Constantinescu will be our guides on this full-day of wandering. We will explore Berkeley and the nearby hills on two back-to-back ten-mile walks. Both will start and end in at the bottom of the UC Campus, at Oxford and Center, on the sidewalk near the Arnaldo

Pomodoro's metal sculpture Sphere within Sphere

Come on one or both walks, but don't miss our BYO

Donations 2017

Thank You to Our Generous Donors!

We are grateful for the continued support and generosity of members who made donations to Berkeley Path Wanderers Association in 2017. See their names here.

Buy Our Map



The best map of Berkeley's paths and streets just got even better! Order your copy of the fresh-off-the-presses 8th edition of *Berkeley and Its Pathways*. Get your copy.

Join or Renew

picnic and party in between, starting at 1 p.m. Bring your own lunch, or buy one from one of the many eateries on Center St. We'll supply the cake.

The morning hike starts promptly at 8 a.m. and will explore the lower trails of Claremont Canyon, the beautiful Clark Kerr campus, Garber Park, and the paths and architecture in the Uplands and Claremont neighborhoods. The afternoon hike will leave at 2 p.m. and include the Strawberry Canyon fire trails, a not-so secret redwood grove, a section of Selby Trail in Tilden Park, and the lovely Park Hills neighborhood. Read more.



Path Wanderers already are enjoying the new bridge — no trolls included! — on Lower Covert Path.

A New Bridge for Lovely Lower Covert Path

Stepping across the seasonal creek on Lower Covert Path just got a bit easier.

In October 2017, a small group of Path Wanderers volunteers met to install a wooden bridge across the creek gulch just above Keith Avenue. Like most local creek crossings, it's not flowing water that gets in the way; it's the deep channel needed to accommodate peak flow that challenges walkers.

The new bridge is a simple platform, 8' long and 4' wide, made from pressure treated beams and decking. Supported on precast concrete pier blocks, it spans the creek at an angle that required rerouting the path on the uphill side.

The materials cost about \$200. Because all the parts



Did you forget to pay your \$5 dues for 2018? We do not want to lose you. Please renew today.

Support BPWA



Your generosity enables us to build more paths and continue to offer our path-oriented events. <u>Donate now.</u>

Shop Online



We sell Path Wanderer shirts, hats, and tote bags as well as guidebooks, posters, and note cards. Visit our store.

Get to Know Us

were precut and predrilled, installation went very quickly once the footings were set in native soil.

The hardest part of the construction was squaring the two beams because of the challenging constraints of existing trees and rocks. This stage was a finicky task with many iterations, measurement checks, and re-digging of holes for the concrete pier blocks. Read more.

Walk With Us

Join us on our terrific guided walks, which are free and open to all. Unless otherwise noted, they last 2-3 hours and proceed at a moderate, conversational pace. We're sorry, but we can't accommodate your dogs except on walks specified as dog friendly. Please check our home page for last-minute weather cancellations. Questions about a walk? Write walks@berkeleypaths.org



This fellow is just one of many sculptures in an unusual garden on Park Hills Road.

Park Hills and Hill Road

Sunday, March 4 @ 1 to 4:00 pm

Leaders: Bob Johnson and Janet Byron

Start: NW corner of Grizzly Peak Blvd and Marin Avenue. This outing features one of the new walks from the recently updated and revised second edition of Bob's and Janet's <u>Berkeley Walks</u>. They will lead us through one of the last subdivisions built in the Berkeley Hills, which the

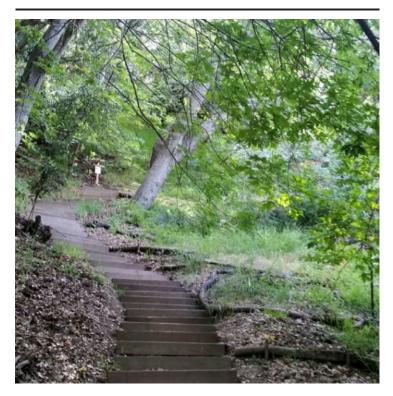


Berkeley Path Wanderers Association (BPWA) is a grassroots organization of people who treasure the public pathways that crisscross our city. Read more.

Meet Our Friends

You'll find links to many other organizations that promote walking, pedestrian safety, protecting the environment, and more on our website.

sons of Frederick Law Olmsted laid out. Highlights of the walk include grand views, several lesser-known paths, a Tilden Park trail with diverse native plants, and distinctive homes. Most of this almost four-mile walk will be on quiet streets without sidewalks. The route includes some gentle ups and downs and a few short, steep sections. The total elevation gain will be 760 feet. Street parking is available, but be sure to check the signs.



These stairs run between the historic fireplace in Garber Park to the park entrance on Evergreen Lane.

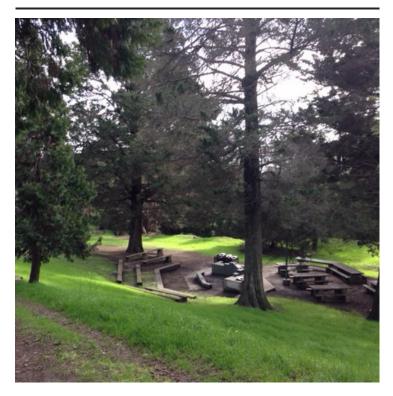
Garber Park, Grandview, and More Sunday, March 18 @ 10 a.m.

Leaders: Shelagh Brodersen and Sandy Friedland

Start: Peet's on Domingo

Co-sponsored by the Garber Park Stewards, this 3.5-mile walk will focus on the 13-acre woodland park on the south slope of Claremont Canyon as well as two nearby neighborhoods. In the first half of the walk, Shelagh, who leads volunteer work parties in Garber Park, will take us along the mile of trails in this gem of a park, including stairs that descend to Claremont Ave. She'll explain the park's history and significance and note recent improvements and interesting flora — including, we hope, trillium. Sandy, a BPWA board member, will lead the faster-paced second half of walk on the hilly streets and paths in the Upper Claremont and Grandview neighborhoods. The route includes Sunset Trail, the one path that can be reached only from another path, and two

historic stairways in the Grandview neighborhoods. Some stairs are steep, others have tricky footing, and the park trails could be muddy. Read more about Garber Park here.



This fire circle is one of many highlights in the interior of the park.

Joaquin Miller Park: A Literary and History Tour Saturday, March 24 @10:30 a.m.

Leader: Linda Brown

Start: Ranger Station inside park entrance (across the parking lot from the Community Center)

Linda Brown, past president of the Berkeley branch of the California Writers' Club, will share the history and literary heritage of this lovely 500-acre, heavily wooded park. The three-mile walk will proceed at an easy pace and include breaks for commentary at each of five monuments that honor <u>Joaquin Miller</u>, California's "Poet of the Sierras." The route includes the 2,000-seat Art Woodminster amphitheater and Cascade, which are dedicated to California writers. Most of the walk will be on fairly flat terrain, often on old roads, although Woodminster does have 225 steps. Consider taking your own hike into the Park's interior following Linda's tour.



Photo: Bob Lewis

Did you know the barn owl is the official bird of Berkeley?

Birds of Berkeley

Sunday, April 15th @ 8:30 a.m. (Note early start!)

Leader: Oliver James

Start: Entrance to Codornices Park @ Euclid and Eunice Avid birder and local author Oliver James will take us bird watching in the North Berkeley hills. Oliver recently published *The Birds of Berkeley* that features hand-drawn depictions of 25 local birds. Because April is spring migration season and birds are most active in the morning, the timing of this walk should be ideal for spotting many of the species Oliver includes in his book and others, which he will identify. Depending on where the birds lead us, we either will walk up to Remillard Park or stay on the quiet streets around Codornices. We'll stop often to look at and talk about the birds we see as well as the history of birds in the area. Plan on about two hours, with 2-3 miles of walking. The pace will not be fast, but some of the terrain may be uneven. If you are inspired to learn more about Berkeley's avian population, Oliver will sell signed copies of his book after the walk. Please bring binoculars if you have them.



Both walks will include trails, stairs, and sidewalks.

Our 8th Annual Long Walk April 29: Two Ten Milers Plus an Anniversary Party!

Sunday, April 29 @ 8 a.m.

Sunday, April 29 @ 2 p.m.

Leaders: Alina Constantinescu & Jacob Lehmann Duke **Start:** Both hikes will start and end at the bottom of the <u>UC</u>

Campus, at Oxford and Center, on the sidewalk

near <u>Arnaldo Pomodoro's</u> metal sculpture <u>Sphere within</u> <u>Sphere</u>.

We're celebrating our 20th anniversary this year with two special, ten-mile walks. Come to one or both, but don't miss our picnic and party in between them, starting at 1 p.m. Bring your own lunch, or buy one from one of the many eateries on Center St. We'll supply the cake. Read more.

Join Our Work Parties



Tools in hand, these student volunteers are eager to tackle the weeds on Shasta Path.

Help us Keep our Paths Clear for Emergencies Monday, March 12 @ 11:30 a.m.

Help us transform another weed-obscured path into a safe and lovely walkway. Please email <u>Mary Lynch</u> if you can come, and she will send you the location of the next Path Maintenance Work Party. We'll supply refreshments and gloves and tools, but feel free to bring your own.





