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# Follow Our News



Path Wanderers volunteers have the MOST fun!!! Join us!

## **Volunteers Wanted: New Board Members**

Our Board is a group of paths enthusiasts who meet once a month to plan walks, events, maintenance work, and other path-related activities that improve and spread the word about our cherished paths. We are looking for a

# Buy Our Map



The best map of Berkeley's paths and streets just got even better! Order your copy of our fresh-off-the-presses 8th edition of *Berkeley and Its Pathways*. <u>Get your copy.</u>

# Join or Renew



Your generosity enables us to build more paths and continue

secretary, a treasurer, and an events coordinator to join the Board in 2020. Board positions are a 2-year term, for 2 terms maximum. Aside from the monthly meetings (7:30 to 9 pm, 3rd Thursday of the month), board members also provide occasional support at walks and tabling events throughout the year.

**Secretary**: Takes meeting notes and sends to president ahead of the next meeting; president distributes them to the group with next meeting's agenda. Sends form thankyou letters to members and donors. Estimated time commitment: 3 to 4 hours per month.

**Treasurer**: Our fiscal sponsor, Berkeley Partners for Parks (BPFP), controls our bank account and manages any tax implications. The treasurer assists by tracking income and expenses and sending deposit forms and check requests to the BPFP bookkeeper. Also provides a short report at the monthly board meetings. Estimated time commitment: 3 to 4 hours per month.

**Events coordinator**: Reserves booth at annual Solano Stroll, BAHA House Tour, and Community Preparedness Fair. Schedules volunteers for tabling shifts. On the day of the event, organizes the booth setup and take down, with help from other volunteers. Coordinates with the Hillside Club for the annual meeting. Estimated time commitment: 2 hours per month in non-event months, 6 to 8 hours per month in event months.

Please <u>email</u> us if you are interested in joining the board for a 2-year term starting in January 2020.

to offer our path-oriented events. Join now.

# Get to Know Us



Berkeley Path Wanderers Association (BPWA) is a grassroots organization of people who treasure the public pathways that crisscross our city. Read more.

All are welcome to join us at our board meetings, on the third Thursdays of the month. **Upcoming meetings: Nov. 21:** Board meeting, Corporation Yard, 1326 Allston Way, 7:30 - 9 pm

## Meet Our Friends

You'll find links to many other organizations that promote walking, pedestrian safety, protecting the environment, and more on our <u>website</u>.



EXCLUSIVELY FOR: Berkeley Path Wanderers

#### 40-50% OFF REGULAR RETAIL PRICING



Dear Friend of BPWA:

To show how much we appreciate your support of Berkeley's paths, we are sending you this special invitation to shop at the Columbia Employee Store, <u>1414 Harbour Way South</u> in Richmond, **from November 8 to December 1.** 

The store hours are printed on the coupon.

This offer is a perfect opportunity to jump start your holiday shopping at this amazing store. It carries the latest clothing, footwear, accessories, hiking gear, and outdoor equipment from several great brands.

#### WHAT THE EMPLOYEE STORE HAS TO OFFER:

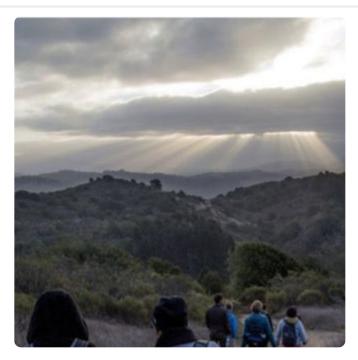
- Columbia Employee discounts (items are marked at 40% to 50% off regular retail pricing)
- A large selection of the latest product from the Columbia Sportswear Company brand family including: Columbia, SOREL, Mountain Hardwear & prAna.

#### WHAT TO BRING TO ACCESS THE STORE:

- You will need to show the entire email with bar code to prove that the email was sent directly from BPWA. You can use your mobile device, or print it out.
- You may bring up to four guests each time you go. They need not be BPWA members.
- This invite grants store access only (offer not valid online)
- You may visit the store as many times as you'd like from November 8 December 1.

# Walk With Us

Join us on our terrific guided walks, which are free and open to all. Unless otherwise noted, they last 2 to 3 hours and proceed at a moderate, conversational pace. We're sorry, but we can't accommodate your dogs except on walks specified as dog-friendly. Please check our <u>home</u> <u>page</u> for last-minute weather cancellations. Questions about a walk? Write <u>walks@berkeleypaths.org</u>.



Sunrise at Wildcat Peak.

### Wildcat Peak Sunrise Breakfast Hike Date: Saturday, November 2, 6 am – 9:00 am

Leader: Erika Wilson

**Start:** <u>Inspiration Point in Tilden Park.</u> Meet at the start of the paved Nimitz Way trail. Ample parking and restrooms are available at the trailhead.

Calling all early birds! Bring your flashlight, an extra layer, and breakfast for a 4.5-mile, out-and-back sunrise hike from Inspiration Point to Wildcat Peak in Tilden Park. We will start in the dark and walk along the Nimitz Way trail as dawn breaks over the East Bay hills. The trail is mostly flat and paved, with a short but somewhat steep 0.25 mile climb on a dirt trail up to Wildcat Peak. At the top we will take some time to enjoy breakfast as we watch the sunrise and take in sweeping views of the hills, San Francisco, and the North Bay. Rain cancels; if in doubt, please check the BPWA website the night before the hike for an update.



Glen Park Canyon is just a short walk from the Glen Park BART station in southern San Francisco.

San Francisco Crosstown Trail Part 3: Forest Hill to Glen Park (Hike 3 of a 4-Hike Series) Date: Saturday, November 16, 2019 10 am - 12 pm Leader: Alina Constantinescu Start: Sidewalk in front of Forest Hill Muni Light Rail Station. Street parking in the neighborhood is free, though it's not always easy to find a spot. Muni K, L, M, T stop here.

End: Glen Park BART

This fall, the Wanderers are determined to hike the entire length of San Francisco's latest urban adventure: the <u>Crosstown Trail</u>. We plan to cover the 17-mile route in a series of four hikes, scheduled once a month from September to December. Our November hike is a 3-mile section exploring the hidden trails behind the Laguna Honda Hospital, fun canyons and outcrops in Glen Canyon Park, and a greenway that is steps away from Glen Park BART. From the endpoint at Glen Park BART, hikers can choose to head home or return to Forest Hill Muni (or other destinations) via public transit or car share.

**Optional:** Those who would like an extended hike can continue with the group and hike back to the starting point at Forest Hill. Bring a picnic lunch if you are sticking around for the return hike. The route back is 3.5 miles and challenging, with several hills along the way. We will explore Mount Davidson (San Francisco's highest point), Edgehill Open Space, and several staircase paths. Estimated end-time for the round-trip option is 3:30 pm.

Save-the-date for the final hike in the series: Sunday, Dec. 15.



A view of Tilden Park from Vistamont Avenue in the Berkeley Woods.

### **Berkeley Woods**

Date: Saturday, December 7, 10 am - 12:30 pm Leader: <u>Bob Johnson</u>

**Start :** <u>580 Grizzly Peak Blvd</u>, 3 houses south of where Euclid ends at Grizzly Peak. 65 bus stops at Euclid and Grizzly Peak, but buses run once per hour on Saturday; parking available on surrounding streets.

Bob Johnson, co-author of <u>Berkeley Walks</u>, leads this hilly, ~ 3-mile walk in the northeast corner of Berkeley. The walk, one of his new <u>free series</u> of Berkeley walks, includes land formerly occupied by plant nurseries, and it features tall trees, views to the east and west, a variety of 20th-century architecture, the former homes of famous people, and an historic seminary that is now a Muslim college. We will explore two little-known paths, and walk up and down the ridge. The streets generally do not have sidewalks but traffic is scant.



On the last leg of San Francisco's Crosstown Trail, we explore Visitacion Valley (shown) and John McLaren Park.

### San Francisco Crosstown Trail Part 4: Glen Park to Candlestick Point

(Hike 4 of the 4-Hike Series) **Date: Sunday, December 15, 2019 10 am - 1:30 pm Leader:** Alina Constantinescu **Start:** <u>Plaza Glen Park BART</u> **End:** <u>Candlestick Park</u> (1.5 miles from Muni T line).

Our December hike is the final southbound stretch, a 5.6mile, 650-foot elevation gain section exploring John McLaren Park and hidden greenways and community gardens in Visitacion Valley, and ending in a state park on the Bay shore: <u>Candlestick Point</u> State Recreation Area. At the end, you can choose to take car share or retrace your steps 1.5 miles to Muni Line T for public transit options. Alternatively, you can choose to end your hike early when we first pass the T Line at mile marker 4.1.

**Optional:** Those who are up for a challenge can stick with the group and hike back to Glen Park BART for a total 11.2-mile loop. We will use a different route heading back, seeing a different side of McLaren Park and "pocket parks" in surrounding neighborhoods. Bring snacks and a lunch if you're sticking around for the long hike. Lunch will be around mile 7.5. Estimated end-time for the roundtrip option is 4:30 pm.

# Join Our Work Parties



Path Wanderers volunteers weed on Bret Harte Path.

# Help us Keep our Paths Clear for Emergencies Sunday Nov. 3 @ 11 am

Help us transform a weed-obscured path into a safe and lovely walkway. Please email <u>Mary Lynch</u> if you can come to the work party, and she will send you the location. We supply refreshments and gloves and tools, but feel free to bring your own.





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