

## **BPWA Power Walk 3/8/09 – Colleen Neff**

**This walk takes about 1.5 hours and is fairly strenuous, including many stairs and hills.**

Start Indian Rock Park  
Up Indian Rock Ave.  
L on San Diego  
R on Upton Lane Path  
L on San Luis  
R on Montrose  
L on Santa Barbara  
R up Alta Vista Path  
L on Spruce  
R up Acacia Walk (steps betw #625 & 619)  
L on Cragmont  
R up North Path  
L on Euclid  
R on Grizzley Peak  
L on Creston to Rosemont  
R on Vistamont to Vistamont Trail  
R on Sunset  
L on Creston  
R down Latham Walk steps  
Cross Grizzley Peak Blvd.  
Down Latham Lane  
R on Miller  
L down Poppy Path  
Past Remuillard Rock Park  
R on Poppy Lane  
L down Pinnacle Path  
R on Regal  
L down Easter Way Paths (3 part)  
L on Spruce  
R on Santa Barbara  
Cross Marin Ave.  
L on Indian Rock Ave.  
To Indian Rock Park