

BPWA Guided Walks

Walks take place rain or shine and last 2-3 hours unless otherwise noted. They are free and open to all. Please check online a few days before each walk for any changes.

Saturday Walks - 10 AM

October 11 - Old and New Emeryville
Sandy Friedland - 510 655 5773
ssf@comcast.net

Meeting Place: In front of Old City Hall at the intersection of Hollis and Park. On this flat walk, you'll learn how Emeryville evolved from what Earl Warren called "the rottenest city on the Pacific Coast" to a city known for its biotech, software, and film industries and its big box stores. Optional lunch to follow at Rudy's No Fail Cafe.

November 1 - History and Renewal, BART to BART

Susan Schwartz - 510 848 9358
f5creeks@aol.com

Meeting Place: El Cerrito Plaza BART station.

Join the President of Friends of Five Creeks to explore history, preservation, and restoration on Albany Hill, in University Village, and along Cerrito and Codornices Creeks. This four-mile walk to the North Berkeley BART station entails climbing 300 foot Albany Hill, crossing a creek on stepping stones, and clambering over a fallen oak. Wear sturdy walking shoes and long pants, as some poison oak comes close to the trail. Bring return BART or bus fare.

December 6 - Holiday Power Walk

Colleen Neff - 510 848 2944
colleenneff@earthlink.net

Meeting Place: At the Rose Garden sign on Euclid near Eunice

This will be a vigorous walk from the Rose Garden up to Atlas Path, high in the hills and back. It will be fast paced and challenging. (Colleen's article on page 2 describes part of this walk.)

"The thing to remember when traveling is that the trail is the thing, not the end of the trail. Travel too fast and you miss all you are traveling for."

- Louis L'Amour

Berkeley's PATHS

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Berkeley Path Wanderers Association

Fall 2008

BPWA To Mark First Decade September 18

— Sandy Friedland

Berkeley Path Wanderers Association will celebrate its 10th anniversary at the Annual Meeting on Thursday, September 18, at the Berkeley Hillside Club (2286 Cedar). With the help of Mayor Tom Bates, BPWA will also pay tribute to retiring City Council member Betty Olds, one of the staunchest supporters of Berkeley's path system. The program begins at 7 PM.

The keynote speech by earthquake expert Katherine Stillwell will mark yet another milestone: the 140th anniversary of the last major rupture on the Hayward Fault. This anniversary is noteworthy because 140 years is the average interval between each of the last five large earthquakes on the fault, meaning it could rupture again at any time. In her illustrated talk, *The Hayward Fault: Living on the Edge*, Ms. Stillwell will highlight the history of the fault, trace its 50-mile path through the East Bay, and explain the likely consequences of another large quake. Such a disaster, she notes, could cause triple the financial loss and affect six times as many people as Hurricane Katrina.

Ms. Stillwell will include a hands-on demonstration of how earthquake stress builds up within the earth as well as specific tips on how people can best prepare themselves, their houses, and their communities to survive and recover from a big temblor.

"Many of us have retrofitted our houses and stocked emergency food and water, but there's much more that we need to do," says Ms. Stillwell, a struc-



Hayward Fault Expert to Give Keynote Speech

tural engineer and Berkeley resident who lives at the bottom of South Crossways path. She specializes in designing new buildings and retrofitting older ones to withstand the forces of a major earthquake. She also serves on the boards of the Structural Engineers Association of Northern California and the Northern California chapter of the Earthquake Engineering Research Institute, which leads the Hayward Fault Initiative to reduce the region's seismic risk.

BPWA began ten years ago when four public-spirited women who loved to walk began discussing how to preserve Berkeley's pedestrian pathways. In response to their flyer seeking other path

(Continued on page 3)

First Wednesday Walks - 10 AM

October 1 - Claremont/Uplands

Colleen Neff - 510 848 2944

ColleenNeff@earthlink.net

Meeting Place: Landmark plaque at northeast corner of The Uplands and Claremont Ave.

Walk the curvy streets and historic paths of Berkeley's first "private residence park," where you'll see distinctive hard-scape, architectural gems, and long sections of Harwood Creek. The route includes some steep stairs and ramps and hilly streets.

November 5- Alvarado Area of Wildcat Regional Park

Keith Skinner - 510 528 3246

keithskinner.public@gmail.com

Meeting Place: Picnic area just past Park Office and just before the stone bridge.

On this moderately paced walk we'll explore this quirky end of Wildcat Canyon Regional Park. You can park on the street outside the park or use some of the limited parking inside the park (fee area). AC Transit #68 stops at Arlington & McBryde - a short distance from the park.

December 3 - North Berkeley Churches and Paths

Barbara Robben 510 848 9358

keithskinner.public@gmail.com

Meeting Place: Live Oak Park - picnic table in the lower half of the park (between Walnut St. and Shattuck Ave.)

Get into the holiday mood with Barbara Robben, who will lead a walk on North Berkeley paths with visits to adjacent neighborhood churches. Come prepared for rain, though we will be indoors part of the time.

BPWA Volunteer Opportunities

Work in Booth - lbrad5501@sbcglobal.net

Build Paths - charlie_paths@comcast.net

Plan/Lead Walks -

keithskinner.public@gmail.com

Spruce up a Path - colleenneff@earthlink.net

BPWA Board Meetings

The BPWA Board meets on the third Thursday of each month (except in September and December) at Music Sources, 1000 The Alameda (at Marin). Observers are welcome. Please enter via the side door at 1842 Marin Ave.

Meet the Paths:

Atlas and Scott Newhall Paths

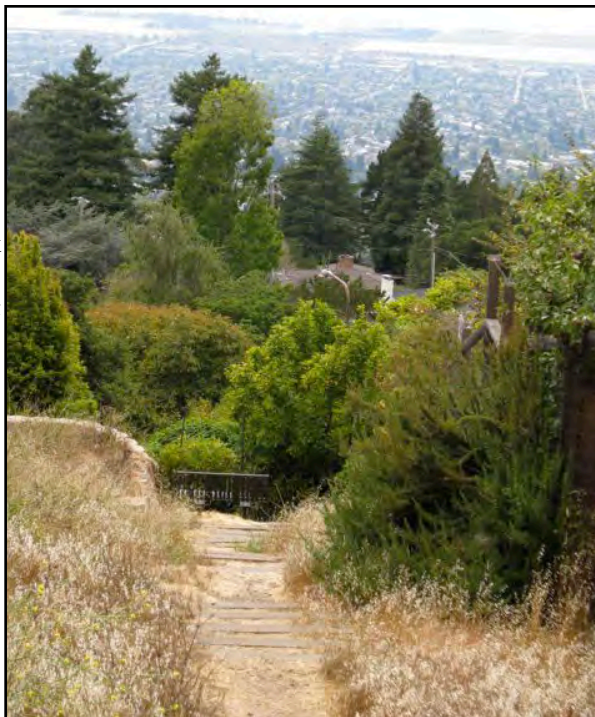
— Colleen Neff

Some of Berkeley's paths are truly hidden treasures. Two of the more difficult to find, Atlas Path and Scott Newhall Path, are well worth the effort.

You have several ways to reach the bottom of Atlas Path, which begins near Grizzly Peak Blvd. and Arcade Ave. The easiest is to take the AC Transit 65 bus directly there. A more strenuous option is to get off the 65 at Euclid Ave. and Hawthorne Terrace. Walk uphill to Rose Walk, then Rose St., and finally Rose Steps to La Loma Ave., which ends at Glendale Ave. Follow Glendale to its intersection with Campus Drive and the top of Glendale-La Loma Park. (This would be a good place to park if you prefer driving.) Go up all three parts of Glendale Path. Turn right at the top to reach Arcade Ave., which goes to Grizzly Peak and our starting point.

Cross Grizzly Peak and look for #1311. Head up the driveway (it's okay with the owner) where, just to the right of a brown retaining wall, you'll spot the rustic wooden steps of Atlas Path. Climb to the lovely curved, dark-green metal bench. As you take in the sweeping vista, from the Bay Bridge to Mt. Tamalpais, you might be tempted to lift your arms and embrace the heavens like the Greek god himself.

From the bench, continue up the steps between the two large houses perched on the hillside. Do turn around at the top to enjoy the view one more time. Then go left onto Hill Road, and walk to the end to reach another tricky-to-find path named after Scott Newhall. (He was editor of the San Francisco Chronicle from 1952 to 1971, an unsuccessful candidate for mayor of San Francisco, and an environmental activist.) At the end of Hill Road, take the driveway on the left for about ten feet. Next to a large stump on your right, you will spot the start of the path. It



Atlas Path

follows the ridge line, dropping off sharply on the left. The path narrows where a fence starts on the left and dense shrubbery grows on the right. You will emerge on the continuation of Hill Road, where you can look between the houses for another great view.

See the Spring, '08 edition of the BPWA newsletter for more suggested path walks that start along the 65 bus route.

As always we recommend taking along your BPWA Berkeley's Pathways Map.

Thank You Eagle Scouts!

Atlas Path was built in 2001-2002 by three Eagle Scouts from Troop 19 — Nathan Delmer, Leo Maheu, and Theodore Ziemba. After carefully surveying and planning the project, they cleared the brush and dug in the wooden-rail steps. A grant from Berkeley Partners for Parks paid for the bench, which Leo installed. BPWA is very grateful for all the hard work the Scouts have contributed on this and other projects, and we look forward to more partnerships with them.

BPWA Returns to the Solano Avenue Stroll

Look for our booth at the Solano Stroll on Sunday, Sept. 14, where we will be selling maps and note cards and giving away newsletters. We'll be ready to chat and answer questions.

This is one of our favorite events with great food and music, scores of interesting booths, and wall-to-wall people having a great time.

We will be on the south (even numbered) side of the 1700 block of Solano between Wells Fargo Mortgage and Pharmaca.

BPWA Annual Meeting (Cont'd)

devotees, 55 people turned out for a meeting on May 20, 1998. A decade later, BPWA is a well-respected community presence with over 550 household members. The group has sold nearly 22,000 copies of its popular path map, *Berkeley's Pathways*. It was the first map to show the entire path network, including about 40 city-owned rights of way that were set aside for paths that were never built. BPWA volunteers — working closely with local officials, Boy Scouts, and civic organizations — have now completed 25 of those.

From the earliest days of BPWA, Mrs. Olds has backed its efforts to finish the missing paths and lobbied for the city to maintain the older ones. This year *The East Bay Express* named her "Best Politician in the East Bay," calling her the "queen of common sense."

BPWA's annual meeting is free and open to the public. Refreshments will be served.

Path Building Update

So far this summer, our wonderful path-building volunteers have finished putting in steps on Bret Harte Lane (#72), removed the buckled brick steps at the bottom of Poppy Path (#38), and replaced them with our new steps. Expect to see borders installed along the flat portions of these paths early this fall. Street signs should be up on Bret Harte Lane this month.

We're postponing work on Lower Covert Path (#53) until the fall rains start. We hope to begin improving Summit Path (#92) soon.

If you would like to help us build paths, please contact Charlie Bowen: charlie_paths@comcast.net

BPWA Web Site - Better Than Ever

Thanks to Web Master Will Schieber, you can now access important information about each path on our web site. To see what he has done, open your web browser, go to www.berkeleypaths.org, and click on *The Paths* at the top of the page. This will take you to our paths page. Click Path List on the left to bring up a table of all our paths with the path name, the house addresses at the top and bottom, and a brief descriptive note. Clicking on the path name will open a page dedicated to that path with high quality photographs taken by Colleen Neff and links to more detailed stories, articles and routes.

Of course you can still surf our site to renew your membership, order maps, read past newsletters, catch up on path building, and learn about upcoming events.

BPWA Map



This attractive and accurate map shows all the 135+ paths of Berkeley as well as all the streets. It is printed on sturdy, water-resistant paper and is only \$6.95. To order, see our web site. The map is a wonderful gift for anyone who plans to drive, bike, or hike in Berkeley.

BPWA Note Cards



This set of four note cards with envelopes features Rose Walk (above) and three other paths. The cards are gorgeous reproductions of watercolors by Karen Kemp. The set is only \$7.50 and makes a wonderful gift. You can order sets from our website www.berkeleypaths.org

Tax-deductible household memberships in the BPWA are \$5.00 and cover one calendar year. If you can give more, please consider a donation. Benefits include a newsletter and other BPWA mailings and emails. You can join or donate online at www.berkeleypaths.org or by sending this form and a check, payable to our fiscal parent BFPF (Berkeley Partners for Parks) to:

BPWA
1442-A Walnut Street - #269
Berkeley, CA 94709

BPWA Membership/Donation Form

Please print clearly

Name _____

Address _____

E-mail _____

Telephone Number (optional) _____

I am enclosing \$5 for membership new renewal

I am also enclosing a donation of _____

Berkeley Path Wanderers Association

Fall 2008

Dedicated to the creation, preservation, and restoration of public paths, steps, and walkways in Berkeley for the use and enjoyment of all.

The Berkeley Path Wanderers Association, an affiliate of Berkeley Partners for Parks, is a volunteer group of community members who have come together to increase public awareness of the City of Berkeley's pathways. Our activities include guided path walks, the mapping of Berkeley's path network, the building of paths that are proposed, and the restoration of those that need maintenance.



Recognize this sculpture? Tell us where it is, and win a BPWA map and a mention in our next newsletter. Email your answer to ColleenNeff@earthlink.net or send it to the address below, Attn: Colleen Neff. We will choose at random if we receive multiple correct answers.

Berkeley Path Wanderers Association
1442-A Walnut St. #269
Berkeley, CA 94709

www.berkeleypaths.org

Board Members

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BARBARA WEST, nominating committee chair