





## BPWA Guided Walks

Walks take place rain or shine and last 2-3 hours unless otherwise noted. They are free and open to all.. Walks are divided into four types:

-  Theme
-  No Theme (Friendly)
-  Power
-  Self Guided

### **September 25, Saturday – Hill Climbers POWER WALK – 10 a.m.**

**Leader: Colleen Neff. Contact Keith Skinner at keithskinner.public@gmail.com. 510-520-3876. Meeting Place: Codornices Park, picnic table near the slide. Transit: AC #65 bus.** Serious hill climbing at a brisk pace. If you're looking for a workout with great views--this is it. Climb from Codornices Park up Buena Vista nearly to Lawrence Hall of Science via Wilson Walk and back. No dogs please.

## SPECIAL EVENT

### **Oct 10, Sunday - A Trail of Four Cities - 9 a.m. [THEME]**

**Leader: Multiple leaders. Contact Keith Skinner at keithskinner.public@gmail.com 510 520 3876. Meeting Place: Rockridge BART station. Transit: BART**

This moderately-paced walk from Oakland to El Cerrito will showcase four separate path systems and the volunteers who support them. (See article on page 2.) Please bring water, lunch/snacks, and comfortable shoes. No dogs, please.

### **Oct 29, Friday - "Intimate Nature" Art Exhibit and Walk - 10:00 a.m. [THEME]**

**Leader: Suzanne Tan and Susan Schwartz. Contact Susan Schwartz at 5fcreeks@aol.com 510 848 9358**

**Meeting Place: Berkeley Art Center, 1275 Walnut St. in Live Oak Park. Transit: AC #7 and #18 buses**

Join the Art Center's Executive Director and the President of Friends of Five Creeks for a private tour of "Intimate Nature," an exhibit by artists who employ natural, ephemeral, and recycled materials. Afterwards take a leisurely walk on historic paths near Codornices Creek that served as inspiration for the works. [www.berkeleyartcenter.org](http://www.berkeleyartcenter.org) No dogs, please.

### **November 10, Wednesday - Inspecting Thousand Oaks - 10 a.m. [THEME]**

**Leaders: Barbara Robben. Contact Keith Skinner at keithskinner.public@gmail.com 510 520 3876. Meeting Place: San Mateo Rd. at Indian Rock Park. Transit: AC #7, #18, #25 and #67**

Take a much closer look at the world around Indian Rock and John Hinkel Park and complete a survey of your observations as you walk. This walk will be published on our website, along with the survey, as one of our self-guided walks. Well-behaved dogs on leashes permitted.

*Walks are continued on page 2*

# Berkeley's PATHS

Vol. 13 No. 3

Berkeley Path Wanderers Association

Autumn 2010

## Learn to Wander with Google Earth At BPWA's Annual Meeting, Sept. 16

— Sandy Friedland

More and more walkers rely on computers, GPS devices, and smart phones to stay on track or blaze new trails. Not to be left behind, Berkeley Path Wanderers Association will present an illustrated introduction to Google mapping technology at our Annual Meeting, Thurs., Sept. 16, at the Hillside Club (2286 Cedar St.) The event begins promptly at 7 p.m. and is open to the public.

Hosting the event will be Berkeley Mayor Tom Bates, who gave up his car two years ago in favor of walking and riding the bus. Since reducing his carbon footprint, he has also trimmed his waistline, having dropped 23 pounds. He just passed the ten-million-step mark, or 5,000 miles, on his pedometer.

Our keynote speaker will be Karin Tuxen-Bettman from the Google Earth Outreach Team. Her presentation will cover the basics of using Google Earth and Google Maps to map a walk or hike. Users can choose from options like viewing historical imagery of the area, finding the elevation profile of a walk,

and uploading photos and GPS paths to Google Earth. She will also give the audience links to easy-to-follow tutorials on these and other popular functions.

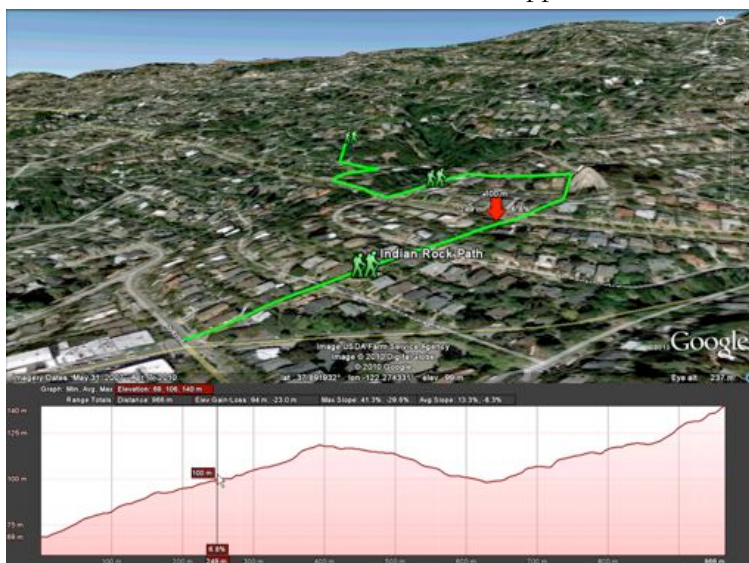
Karin helps nonprofit organizations around the globe use Google Earth and Google Maps to improve their member services and to further their mission. She says these two applications have been especially useful to groups that focus on preserving the environment or calling attention to historic buildings or landmarks.

Karin lived in Berkeley from 2000 to 2005 while she studied at Cal, earning her doctorate in Environmental Sciences with a specialty in geographic information systems. She also got to know some of Berkeley's Northside paths.

A short business meeting will precede the program. Among the items on the agenda are the election of board members and a slide show of recent path building presented by Steve Glaeser, BPWA's path-building co-leader.

Members will also be asked to approve several small changes to the

BPWA bylaws. This will allow the Board President to serve for two years, even if that would mean exceeding the current term limit. The goal is to ensure continuity of leadership and enable more-experienced board members to serve as President. (See page 3 for text of the changes.)



(Walks Continued)

**November 20, Saturday - The Paths of Kensington - 10 a.m. [THEME]**

**Leader: Paul Grundland. Contact Keith Skinner at keithskinner.public@gmail.com 510 520 3876. Meeting Place: Corner of Grizzly Peak and Kenyon Ave., Kensington Transit: AC #65 and AC #67**

Discover the path system that Paul documented in his recently published brochure on Kensington. We'll visit every path as well as a pleasant fire trail that skirts Tilden Park. Well-behaved dogs on leashes permitted.

**December 1, Wednesday - Winter Warmer - 10 a.m. [NO THEME]**

**Leader: Keith Skinner. Contact Keith Skinner at keithskinner.public@gmail.com 510 520 3876. Meeting Place: Spruce St. at Easter Way (near Santa Barbara Rd.) Transit: AC buses #65, #67**

Walk off the Thanksgiving pounds and prepare for the long winter with this climb high in the hills. The first part of the walk, from Easter Way to Creston Rd., is quite steep, but the pace will be moderate. Heavy rain cancels. Well-behaved dogs on leashes permitted.

**December 11, Saturday - San Francisco Hill Walk- 10 a.m. [THEME]**

**Leader: Tom Graham. Contact Keith Skinner at keithskinner.public@gmail.com 510 520 3876. Meeting Place: Castro/Market - SW corner. Transit: BART & Muni L line**

Join "Walking Man" Tom Graham, who recently completed his quest to walk every street in San Francisco, for a brisk tour of the midtown hills. We will visit Corona Heights, Tank Hill, Twin Peaks and others. The route is somewhat strenuous with lots of ups and downs. Bring water. No dogs please.

**FEATURED SELF-GUIDED WALK Trails Tramp**

**Starting Point: Glendale-LaLoma Park Upper Parking Lot. Transit: AC #65 and #67**

Retrace the route from Charlie Bowen's 2006 hike along the upper north ridge of the hills. There is some steep climbing on this walk. Remember to bring your map.

[http://www.berkeleypaths.org/walkhandouts/walk\\_TrailsTramp.htm](http://www.berkeleypaths.org/walkhandouts/walk_TrailsTramp.htm)

**NOTE ABOUT SELF-GUIDED WALKS**

The feedback we've received about the self-guided walks is that people enjoy the featured walks but generally prefer to take the walks on their own schedule. With that in mind, we will continue to feature one self-guided walk in each newsletter but no longer schedule a specific time for that walk. If you wish to follow one of these published routes, we recommend you bring along your BPWA Path Map.

# A Trail of Four Cities: Wandering the Paths, Oakland to El Cerrito

—Colleen Neff

If you have ever wished that BPWA walks would last all day, then join us on Saturday, October 10, for what we are calling The Long Walk. Our first-ever four-town ramble will showcase the path systems in Oakland, Berkeley, Kensington, and El Cerrito as well as the volunteers who support them. We will cover about nine miles at a conversational pace.

The Long Walk will be part of the worldwide "10/10/10 Day to Celebrate Climate Solutions," sponsored by 350.org an environmental group. 10/10/10 is billed as "the biggest day of practical action to cut carbon." The name 350.org comes from 350 parts per million of carbon dioxide, which the organization says is "the safe upper limit for carbon dioxide in the atmosphere."

We will set off at 9 a.m. sharp from the Rockridge BART station, on the west side of College Avenue near the bus stop. We plan to finish at the El Cerrito Plaza BART station at about 5 p.m. We will stop for a picnic lunch as well as some shorter breaks. Bring plenty of water, a bag lunch, and snacks to help keep you going. Don't forget your BART ticket if you plan to take the train home.

Paul Rosenbloom, of the recently formed Oakland Urban Paths (OUP) group, will lead the Oakland leg of our journey. He will show us some of what this energized organization has already accomplished and tell us what its goals are for the 240 existing paths in Oakland. (See the article on OUP in our Spring 2010 newsletter). Paul will take us into the Oakland Hills, then down into Berkeley at the Uplands above Claremont Avenue.

Jennifer English, a BPWA board member and dedicated walker, will then guide us around the Claremont Hotel, past the UC campus, and on to

Live Oak Park for our lunch. We then will take some of the lovely paths of the Thousand Oaks neighborhood. Along the way, you will hear about the BPWA's most recent efforts to open new walkways.

We will enter Kensington near the shops on The Arlington and walk on four of this village's picturesque paths. Our leader will be Lorraine Osmundson, of the Kensington Improvement Club (KIC). She will explain the colorful history of the village's paths as well as what KIC is doing to keep them accessible.

Joseph Nichols, of the newly formed El Cerrito Trail Trekkers, will take the helm along the final part of our route. Having documented forty paths so far, the Trekker's mission is to map, protect, and promote all the paths in their city. We will wend along streets and stairs to the El Cerrito BART station.

The Long Walk will enable us to connect with others who like travel by foot and help us publicize and support our individual and joint efforts to make our four towns more walkable. Please join us!



*Terrace Walk, one of the featured paths*

**BPWA at Solano Stroll**

Come visit our booth at the Stroll, Sept 11. We will be in front of 1758 Solano between Colusa and Ensenada from 10 AM to 6 PM.

**...and at Spice of Life Festival**

on Oct 17 at a space to be determined on Shattuck Avenue in the Gourmet Ghetto.

**BPWA Board Meetings**

The BPWA Board meets on the third Thursday of each month (except Feb, Sept, and Dec) at Music Sources, 1000 The Alameda (at Marin). Board meetings are open to all. Please enter via the side door at 1842 Marin Ave.

## Proposed Changes to BPWA Bylaws

Members will be asked to vote on these amendments to the BPWA bylaws at the annual meeting (see article on page 1). They are intended to improve continuity on the board by allowing board presidents to serve a full two year term even if they would otherwise exceed their normal term on the board.

*Proposed change of wording throughout Bylaws:*

The words Chair, co-Chair, and Chairmanship shall be changed to President, co-President, and Presidency

*Proposed addition to Article V.1, which defines the Board of Directors:*

The Board of Directors may consist of up to 15 Directors to be elected by the membership. *The number of Directors may rise to 16 if the President's two-year term of office would extend beyond his or her second consecutive two-year term on the Board of Directors (see Article V.3. and V.7.).*

*Proposed addition to Article V.3, which sets term limits for Directors:*

V.3. Directors shall be elected for a term of two (2) years, with a maximum of two (2) consecutive terms. *This limit may be suspended if the President's term as a Director would expire before the end of his or her Presidency.*

*Proposed change in and addition to V.7., which lists the officers but is silent on how long they may occupy their positions:*

The principal officer shall be a **President (or co-Presidents), who may serve up to two consecutive one-year terms.**

A full version of the current bylaws is at <http://www.berkeleypaths.org/home/bylaws.pdf>

## Surfing for a Walk --And Other Bay Area Treasures

Many of you are familiar with the BPWA website at [www.berkeleypaths.org](http://www.berkeleypaths.org) which features descriptions of our future walks and other events as well as electronic versions of current and past issues of this newsletter. We strive to make the website an archive of information on BPWA and Berkeley's paths. The website is also your portal for electronic interactions with BPWA, providing contact information and enabling you to buy maps and note cards, pay dues, and donate to BPWA.

You may not know, however, that our website has links to other websites related to walking and hiking, local history and architecture, and the environment. We would like to share some of our favorites.

Two current BPWA board members have sites of special interest. Keith Skinner's blog *Berkeley Afoot* at <http://urbnwokker.wordpress.com> records his experiences as a walker even if it isn't always in Berkeley: he recently posted about his walks in France this past summer. Jennifer English's blog at <http://walkingberkeley.wordpress.com> recorded her quest to walk every street, path and stairway in Berkeley. You can read all about it there. She finished her goal at the end of 2007 but now has a related blog called Car Free Outdoors: <http://carfreeoutdoors.wordpress.com>.

BPWA is a part of the umbrella group Berkeley Partners for Parks. Find out what our sister nonprofit organizations are doing at <http://www.bppf.org>.

Great places to keep up with local Berkeley news include Berkeleyside at

<http://www.berkeleyside.com> and the Berkeley Daily Planet at [www.berkeleydailyplanet.com](http://www.berkeleydailyplanet.com). Where else would you learn of Berkeley's world champion unicycle basketball team?

Organized walks led by the Berkeley Architectural Heritage Association are listed at <http://www.berkeleyheritage.com>.

That site also features a wonderful series of articles titled *East Bay Then and Now* (which also appeared in the Daily Planet). A similar site for our neighbor city is at <http://www.oaklandheritage.org>. While touring Oakland on the web you'll also want to visit our fellow paths organization <http://oaklandurbanpaths.wordpress.com>.

You'll never run out of outdoor events if you follow the Bay Nature events calendar <http://baynature.org/events/calvendar> and cyclists should make sure to visit <http://bicycling.511.org>. Want to broaden your horizons? Check out <http://www.publicstairs.com> and <http://www.ava.org/index.htm> for inspirations beyond the Bay Area.

Speaking of horizons, you can watch the view from the Lawrence Hall of Science at <http://sv.berkeley.edu/view> Track the fog, check the outside wind and temperature, or just watch the sun set as you daydream about your next hike.

And finally, for those intrepid path builders who just can't get too much information, download the Forest Services trail construction guide at <http://www.fhwa.dot.gov/download/hep/fspubs/pdf00232839.pdf>. You'll really be prepared for that next pathbuilding workparty.

*Tax-deductible household memberships in the BPWA are \$5.00 and cover one calendar year. Benefits include a newsletter and other BPWA mailings and emails. If you can give more, please consider a donation. You can join or donate online at [www.berkeleypaths.org](http://www.berkeleypaths.org) or by sending this form and a check, payable to our fiscal parent BPPF (Berkeley Partners for Parks) to:*

BPWA  
1442-A Walnut Street - #269  
Berkeley, CA 94709

### BPWA Membership/Donation Form

Please print clearly

Name \_\_\_\_\_

Address \_\_\_\_\_

E-mail \_\_\_\_\_

Telephone Number (optional) \_\_\_\_\_

I am enclosing \$5 for membership  new  renewal

I am also enclosing a donation of \_\_\_\_\_

I am interested in volunteering

Please make checks to our fiscal parent, Berkeley Partners for Parks (BPPF)

# Berkeley Path Wanderers Association

Autumn 2010

Dedicated to the creation, preservation, and restoration of public paths, steps, and walkways in Berkeley for the use and enjoyment of all.

*The Berkeley Path Wanderers Association, an affiliate of Berkeley Partners for Parks, is a volunteer group of community members who have come together to increase public awareness of the City of Berkeley's pathways. Our activities include guided path walks, the mapping of Berkeley's path network, the building of paths that are proposed, and the restoration of those that need maintenance.*



*Berkeley City Councilwoman Susan Wengraf cuts the ribbon to dedicate Northgate Path, Berkeley's 100th named path. (See the full story in our summer newsletter).*

*Below: Betty Olds (left), former Berkeley City Councilwoman and friend to BPWA, was honored at the ceremony. With her are BPWA President Colleen Neff (center) and Councilwoman Wengraf.*



**Berkeley Path Wanderers Association**  
1442-A Walnut St. #269  
Berkeley, CA 94709

[www.berkeleypaths.org](http://www.berkeleypaths.org)

## Board Members

COLLEEN NEFF, president  
LINDA BRADFORD, external events coordinator  
MARTY CAMPBELL, membership  
LAWRENCE "BUZZ" CARDOZA, walk committee  
JEN ENGLISH, secretary  
SANDY FRIEDLAND, sales committee chair  
STEVE GLAESER, path building  
ANNE HENNY, treasurer  
GLEN LINDWALL, newsletter editor  
MARY ROSS LYNCH, webmaster  
EMMA MORRIS, volunteer coordinator  
KEITH SKINNER, walk coordinator  
JAZ ZAITLIN, internal events coordinator, e-newsletter

**Attention '10 Members:**  
**Avoid the year-end crunch and renew your membership now for 2011! You can renew online or send in the form on page three with a check made out to our fiscal parent BPPF.**